



**voluntariat  
pentru viață**

**IT'S #UPTOYOUTH!**

**2022-1-R001-ESC51-VTJ-000080365**

**INDIVIDUAL VOLUNTEERING  
MĂRĂȘEȘTI – VRANCEA, ROMANIA  
FLEXIBLE STAGES, FROM**

**01.07.2023-30.05.2024**

**OR**

**01.09.2023-30.05.2023**



**EUROPEAN  
SOLIDARITY  
CORPS**

# *Timeline of the Project:*

## **STAGE 1**

**01.07.2023-30.05.2024**

**8 VOLUNTEERS**



What we need for stage 1: To select 4 international volunteers and 4 volunteers from Romania.



## **STAGE 2**

**01.09.2023-30.05.2024**

**12 VOLUNTEERS**



What we need for stage 2: To select 11 international volunteers and 1 volunteers from Romania.



## Information about the project:

The aim of the project is to encourage the involvement of children and young people in community life and to support initiatives that contribute to the promotion of active citizenship, sustainable development and non-formal education.

- The project involves 20 ESC volunteers (15 European + 5 Romanians) who are going to support community mini-projects initiated in a voluntary manner by children/youngsters with the help of the ESC volunteers.
- Civic participation of children and involvement in the community life of which they belong to, is of great importance for the child's development and the future adult, but also for the development of the community, of the society as a whole, so affected by passivity, lack of civic involvement, initiative. In this project we start from the premise that active participation cannot be taught by listening to or memorising norms and rules, but by practising and getting involved in the community.
- We want the project to transform children from spectators into architects of change in their own community. Children and young people, together with ESC volunteers and teachers become active agents of change through social entrepreneurship and community involvement. They will work as a team, gain confidence in their ability to create change and develop their 21st century skills. By being directly involved in the change they want to bring in the community, children, young people and volunteers will have the opportunity to feel on their own how they themselves can help solve community problems.





# WHAT WILL YOU DO?

**The activities will have the form of practical workshops that will turn into actions of civic involvement and sustainable development. The ESC volunteers will work in teams and their role will be to encourage the actions of young people and children and to get involved with them in various civic actions, campaigns, environmental actions, practical volunteering activities. • Project activities will be guided after 4 steps: Feel, Imagine, Act and Share, and ESC volunteers along with educators and teachers will encourage children and young people to best define their ideas of civic participation and change in the community and to put them into practice.**



# By the end of the stage the volunteers will be able to improve/acquire:



Knowledge and experience in organizing volunteering actions.

Knowledge of non-formal youth education, open work methods.



Skills in managing the relationship with youth.

Time management skills, team coordination skills, they will learn what it means to bring a change in the environment where they live and they will also develop the European and intercultural dimension.



The volunteers will also improve their social and networking skills and will become more motivated to engage in community life as a result of their working with youth during the project.



Communication skills in English and his/her own mother language; knowledge of basic **romanian** language.

Skills to work in an international team.



Experience in volunteering and interculturalism.

Entrepreneurial skills – the volunteers will develop their sense of initiative and entrepreneurship by sharing, designing and coordinating own activities.







# TRAVEL

The volunteers together with their Sending Organisations will be responsible for arranging their travel. The travel costs will be reimbursed according to the distance band limits imposed by the European Commission:

- For travel distances between 100 and 499 Km: EUR 180 per participant
- For travel distances between 500 and 1 999 Km: EUR 275 per participant
- For travel distances between 2000 and 2999 Km: EUR 360 per participant
- For travel distances between 3000 and 3999 Km: EUR 530 per participant

The volunteers need to arrive at Bucharest – Otopeni (Henri Coanda International Airport). From Bucharest to Focsani/Marasesti there are regular buses every day directly from the airport. We can arrange to book the bus tickets for you.



# ACCOMMODATION

Volunteers-will be accommodated in full equipped rented apartments (3, 4 or 5 volunteers/apartment) with sharing kitchen, bathroom and dormitory

- The dormitories will be shared only by the same gender
- Each volunteer will receive 1 set of bed sheets, 1 pillow, 1 blanket and we recommend you to bring your own towel and any other personal objects needed
- The kitchen will be basic equipped but with all the necessities for cooking (plates, cutleries, pans, glasses, cups)
- All the utilities will be free of charge if they will be used responsibly
- The volunteers will cover the cleaning products for the house and all the personal cleaning products needed

## What about you?

Volunteers aged 18-30 years, open minded, eager to learn and motivated to work on the proposed project activities. The volunteers should be motivated to work on nonformal activities, work with children/youngsters. Should like to develop and improve their skills and abilities, be open for experiments, have some hobbies or interests and like to share them when organizing activities, discussions and projects for the community.





## About the hosting organization

Asociația Voluntariat Pentru Viață (VPV) is an NGO, based in Romania, founded in November 2012 on the initiative of some specialists in the field of education, art, history, social assistance.

The mission of Asociația Voluntariat pentru Viata is to promote volunteering and civic consciousness by developing activities that contribute to increased public awareness of the contribution of volunteers to the local community and to the society in general.

Asociația Voluntariat pentru Viata was created with the purpose of having a tool to better access the needs of young people living in the local community and to provide a concrete contribution to meeting their demands in terms of participation, active citizenship, the feeling of belonging to a common Europe, tolerance and antiracism. An important goal of our organisation is to bring young people closer to European issues, to bring a European dimension to a region which is far away from decision-making centers and peripheral in terms of geographical and economic position.

In 2012, Asociația Voluntariat Pentru Viata started its work in Marasesti town in order to support a sustainable local development. First, the Organization developed and implemented youth projects in the framework of Youth in Action programme (Youth Initiatives promoting cultural heritage and environment). Then, the Organisation started to develop European projects under the Erasmus+ programme. Starting from 2018, Asociația Voluntariat Pentru Viata began to implement Solidarity Projects and Volunteering Projects in the framework of the new programme European Solidarity Corps.

VPV carries out its work in partnership with local and regional schools and local social centers, offering the chance to their target groups to participate in the projects. VPV, through all projects and actions, wants to promote social responsibility, volunteering and non-formal education. The target group of our actions consists of inhabitants of Vrancea County, especially children, disadvantaged young people and elderly people who live alone or in nursing homes. Our actions aim to prevent the marginalization of these vulnerable categories by engaging them in activities that use non-formal education methods with a role in developing key competencies and resilience of the target group and contribute to the sustainable development of the communities involved



## CONTACTS

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